



Dr. Ricky Singh, DC

Dr. Ricky Singh earned his Bachelor of Science degree in Kinesiology from McMaster University in 2009, followed by a Doctor of Chiropractic from the Canadian Memorial Chiropractic College (CMCC) in 2014. He earned his Strength and Conditioning Specialist designation in 2013 and went on to complete the McMaster High Performance internship program in 2014.

Throughout his career, Dr. Singh has cultivated a unique approach to patient care, honed through extensive experience in professional sports. He notably served as the team chiropractor for Athletics Canada from 2014 to 2022, providing care at prestigious events such as the 2022 Tokyo

Paralympics and the 2017 IAAF World Track & Field Championships in London. His expertise has been sought after by prominent sporting organizations including Hockey Canada and Golf Canada, where he conducted comprehensive functional assessments for athletes.

Dr. Singh collaborates closely with coaches and trainers to ensure his patients receive personalized care that aligns with their training programs and health goals. He is dedicated to helping individuals overcome injuries and optimize their physical performance, drawing on his experience from elite sports settings to deliver effective rehabilitation solutions.