**GRADUATE STUDIES APPLICATION FOR NOVEMBER 15, 2023- PERSONAL ESSAYS**

**General Instructions**

These essays along with your curriculum vitae and letters of reference are components of your application that will aid the Selection Committee in obtaining a better understanding of your non-academic attributes and activities. All essays must be 250 words or less.

*Graduate Studies Program - Exit Competencies*

Graduates of the Canadian Memorial Chiropractic College (CMCC) Graduate Studies Program are primary contact health care professionals with advanced specialist level knowledge in spinal and musculoskeletal health emphasizing differential diagnosis, patient centered care, teaching, research and consultations. CMCC has adopted CanMEDS educational framework1 for a competency-based education for both its Doctor of Chiropractic Program and Graduate Studies Program.

Competency in health professional education is defined as a demonstrable ability of a health professional that develops through stages of expertise from novice to clinician to specialist. The Graduate Studies competency framework describes seven roles that will be satisfied through several key competencies.

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| **Role** | **Key Competencies** |
| **Expert in Spinal and Musculoskeletal Health** | **Apply** knowledge within the expertise of their specialty area  **Perform** a patient centered clinical assessmentand **integrate** into the management consistent within their specialty area |
| **Communicator** | **Synthesize** the clinical encounter to effectively convey patient information to stakeholders  **Communicate** in a clear, collaborative, respectful and responsible manner at a specialist level  **Document, maintain and share** written and electronic information at an specialist level |
| **Collaborator** | **Forge** effective relationships with colleagues, other health care professionals, and the community  **Engage** with patients and stakeholders to promote problem-solving, manage differences and resolve conflict |
| **Health Advocate** | **Respond** to an individual patient’s health needs by advocating with the patient within and beyond the clinical environment 3  **Respond** to the needs of the communities or populations by advocating for system-level change in a socially accountable manner |
| **Scholar** | **Engage** in self-directed learning within chiropractic, their own specialty and general health field  **Lead** in the creation, critical appraisal, dissemination, application and translation of knowledge and practice |
| **Professional** | **Demonstrate** a commitment to personal health, well-being and professional performance to foster optimal patient care  **Demonstrate** a commitment to a culture of patient safety and quality improvement  **Exhibit** appropriate professional behaviours and relationships in all aspects of daily encounters |
| **Leader** | **Manage** their practice and career  **Contribute** to optimal health care delivery  **Recognize** their specialty's governing structure and standards  **Advocate** for inclusivity in practice and different environments |

**Applicant Essays**

1. Technology is evolving at a rapid pace. What is your opinion on the role of technology in clinical practice? (*Max 250 words)*
2. What role can the chiropractic profession play when managing complex patients? (Max *250 words*)
3. From the exit competency list above, please identify one specific key competency from the CMCC Graduate program.  Provide a brief essay outlining activities and/or achievements from your curriculum vitae that you believe best exemplifies the attributes that align with the identified exit key competency. (*Max 250 words*)
4. One of the graduate requirements of the CMCC residency program is to meet the competency of “**Expert in Spinal and Musculoskeletal Health**.” Please provide specific examples from the CMCC Graduate Studies program that will help you achieve this competency. (Max *250 words*)